

Bachelor of Vocation (B.Voc.) - Yoga & Naturopathy

University Style Curriculum Structure (3 Years / 6 Semesters)

Semester 1

Subject Code	Subject Name	Credits	Marks
BVYN101	Introduction to Yoga	4	100
BVYN102	Human Anatomy	4	100
BVYN103	Foundations of Naturopathy	4	100
BVYN104	Communication Skills	3	75

Semester 2

Subject Code	Subject Name	Credits	Marks
BVYN201	Yoga Philosophy	4	100
BVYN202	Physiology	4	100
BVYN203	Nutrition Science	4	100
BVYN204	Environmental Studies	3	75

Semester 3

Subject Code	Subject Name	Credits	Marks
BVYN301	Asanas & Practice I	5	100
BVYN302	Hydrotherapy	4	100
BVYN303	Alternative Medicine	4	100
BVYN304	Internship I	3	75

Semester 4

Subject Code	Subject Name	Credits	Marks
BVYN401	Pranayama & Meditation	5	100
BVYN402	Mud Therapy	4	100
BVYN403	Clinical Nutrition	4	100
BVYN404	Internship II	3	75

Semester 5

Subject Code	Subject Name	Credits	Marks
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BVYN501	Therapeutic Yoga	5	100
BVYN502	Massage Therapy	4	100
BVYN503	Research Methodology	4	100
BVYN504	Project Work I	3	75

Semester 6

Subject Code	Subject Name	Credits	Marks
BVYN601	Advanced Yoga Therapy	5	100
BVYN602	Lifestyle Disease Management	4	100
BVYN603	Entrepreneurship	4	100
BVYN604	Project Work II	3	75

Marks Distribution

Theory Papers: 70 External + 30 Internal Assessment. Practical/Internship evaluated semester-wise.