
Post Graduate Diploma in Guidance and Counseling – 2 Years

Year 1 – Semester I

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	42101	1PGDGC1	Foundations of Guidance & Counseling
2	42102	1PGDGC2	Human Growth & Development
3	42103	1PGDGC3	Counseling Process & Skills
4	42104	1PGDGC4	Psychological Testing – I

Course Details:

- History, meaning, role of counselor.
 - Physical, cognitive, emotional development.
 - Counseling process, helping skills.
 - IQ, aptitude tests, scoring.
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Year 1 – Semester II

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	42201	2PGDGC1	Career & Educational Counseling
2	42202	2PGDGC2	Mental Health & Adjustment
3	42203	2PGDGC3	Counseling Theories
4	42204	2PGDGC4	Practical Work – I

Course Details:

- Career planning, vocational tests.
- Adjustment problems, emotional difficulties.
- Psychoanalytic, behavioral, humanistic theories.
- Counseling sessions + casework.

Year 2 – Semester III

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	42301	3PGDGC1	Child & Family Counseling
2	42302	3PGDGC2	Research Methodology
3	42303	3PGDGC3	Psychological Testing – II
4	42304	3PGDGC4	Counseling Internship – I

Course Details:

- Family problems, parent guidance, child behavior counseling.
- Data collection, report writing.
- Personality, interest tests.
- Counseling practice in schools/centers.

Year 2 – Semester IV

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	42401	4PGDGC1	Counseling Internship – II
2	42402	4PGDGC2	Dissertation / Major Project
3	42403	4PGDGC3	Viva Voce
4	42404	4PGDGC4	Seminar & Presentation

Course Details:

- Advanced practical counseling experience.
- Research project on counseling topic.
- Oral examination.
- Presentation + case file submission.

