
Diploma in Counseling – 1 Year

Semester – I

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	41101	1DC1	Introduction to Counseling
2	41102	1DC2	Human Behavior & Emotions
3	41103	1DC3	Counseling Techniques
4	41104	1DC4	Ethics & Rapport Building

Course Details:

- Types of counseling, characteristics of a counselor.
- Emotions, stress, conflict, behavior patterns.
- Questioning skills, empathy techniques.
- Confidentiality, trust building.

Semester – II

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	41201	2DC1	Educational & Career Counseling
2	41202	2DC2	Counseling for Stress & Crisis
3	41203	2DC3	Group Counseling
4	41204	2DC4	Practical / Case Files

Course Details:

- Career guidance, student counseling.
- Crisis handling, emotional first aid.
- Group communication & interventions.
- 4–5 case study files.

