
Advance Diploma in Counseling Psychology – 2 Years

Year 1 – Semester I

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	40101	1ADCP1	Principles of Counseling Psychology
2	40102	1ADCP2	Theories of Personality
3	40103	1ADCP3	Developmental Psychology
4	40104	1ADCP4	Counseling Skills Lab – I

Course Details:

- Foundations of counseling psychology.
- Freud, Jung, trait theories, humanistic theories.
- Life span development & behavior patterns.
- Practice sessions, mock counseling.

Year 1 – Semester II

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	40201	2ADCP1	Psychological Assessments
2	40202	2ADCP2	Mental Health & Well-being
3	40203	2ADCP3	Counseling Techniques & Therapies
4	40204	2ADCP4	Practical Training – I

Course Details:

- Standardized tests, scoring, report writing.
- Emotional health, coping, resilience.
- CBT, REBT, play therapy, art therapy.
- Field training & case study.

Year 2 – Semester III

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	40301	3ADCP1	Child & Adolescent Counseling
2	40302	3ADCP2	Family & Marriage Counseling
3	40303	3ADCP3	Psychopathology
4	40304	3ADCP4	Counseling Skills Lab – II

Course Details:

- Learning issues, behavioral problems, teen guidance.
- Marital conflict, relationship communication therapy.
- Psych disorders, diagnosis, symptoms.
- Advanced counseling practice.

Year 2 – Semester IV

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	40401	4ADCP1	Internship / Field Work
2	40402	4ADCP2	Research Project
3	40403	4ADCP3	Viva & Presentation
4	40404	4ADCP4	Seminar / Case File Submission

Course Details:

- Internship in school/clinic/community center.
 - Full research project + data analysis.
 - Viva related to practical work.
 - Case study submission.
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