
Diploma in Counseling Psychology – 1 Year

Semester – I

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	39101	1DCPsy1	Fundamentals of Psychology
2	39102	1DCPsy2	Human Development & Behavior
3	39103	1DCPsy3	Counseling Process & Interviewing
4	39104	1DCPsy4	Psychological Testing Basics

Course Details:

- Cognitive, behavioral, emotional processes.
- Growth stages, socio-emotional development.
- Step-by-step counseling process, rapport building.
- IQ tests, personality tests, screening tools.

Semester – II

S. No.	Paper Numerical	Unique Class & Papers	Paper Name / Subject
1	39201	2DCPsy1	Abnormal Psychology
2	39202	2DCPsy2	Counseling Strategies & Therapies
3	39203	2DCPsy3	Group & Educational Counseling
4	39204	2DCPsy4	Practical Work / Internship

Course Details:

- Disorders: anxiety, depression, phobias, behavioral issues.
- CBT, REBT, supportive counseling.
- Group counseling, school counseling.
- Internship + logbook + report.

